

# Nutrition Facts

servings per container

**Serving size** 2 Tbsp (30g)

Amount per serving

**Calories** 50

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 3.5g 18%

Trans Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 15mg 1%

**Total Carbohydrate** 1g 0%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 0mg 0%

Potassium 50mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Milk, Cream, Nonfat Dry Milk and Enzymes.

Contains Milk.