

PF UHT LITE EGG NOG OFFICIAL
12/21/2018

Nutrition Facts

8

servings per container

Serving size 1/2 Cup (120 ml)

Amount per serving

Calories **150**

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 100mg **4%**

Total Carbohydrate 22g **8%**

Dietary Fiber 0g **0%**

Total Sugars 22g

Includes 14g Added Sugars **28%**

Protein 5g

Vitamin D 0.1mcg 0%

Calcium 160mg 10%

Iron 0mg 0%

Potassium 240mg 6%

Vitamin A 100mcg 10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Milk, Sugar, Cream, Skim Milk, Whey, Egg Yolks, Guar Gum, Natural and Artificial Flavor, Carrageenan, Salt, Gelatin, Annatto-Turmeric Color, Vitamin A Palmitate.

Contains Milk, Egg.