

2% Reduced Fat Chocolate Milk New NLEA OFFICIAL ALL  
BUT DUBUQUE

## Nutrition Facts

servings per container  
**Serving size** 1 Cup (240 ml)

Amount per serving  
**Calories** 170

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 230mg 10%

**Total Carbohydrate** 24g 9%

Dietary Fiber 0g 0%

Total Sugars 22g

Includes 12g Added Sugars 24%

**Protein** 8g

Vitamin D 2.5mcg 15%

Calcium 280mg 20%

Iron 0.2mg 2%

Potassium 400mg 8%

Vitamin A 190mcg 20%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Reduced Fat Milk, Sugar, Corn Starch, Cocoa, Alkalized Cocoa, Salt, Carrageenan, Natural Flavor, Vitamin A Palmitate and Vitamin D3.

Contains Milk.

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