

Nutrition Facts	
About 6 servings per container	
Serving size	1/2 Cup (114g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 240mg	10%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 0.1mg	0%
Potassium 160mg	4%
Vitamin A 40mcg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Skim Milk, Milk, Nonfat Dry Milk, Lactose, Stabilizer (Guar Gum, Mono and Diglycerides, Xanthan Gum, Carrageenan, Carob Bean Gum), Sea Salt, Citric Acid, Potassium Sorbate and Carbon Dioxide (maintain freshness), Vitamin A Palmitate, Cheese Cultures.

Contains Milk.