

# Whole Milk Yogurt-Vanilla OFFICIAL

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## Nutrition Facts

servings per container

**Serving size** 1 Carton (170g)

Amount per serving

**Calories** 160

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 3.5g 18%

Trans Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 85mg 4%

**Total Carbohydrate** 24g 9%

Dietary Fiber 0g 0%

Total Sugars 19g

Includes 12g Added Sugars 24%

**Protein** 5g

Vitamin D 5.4mcg 25%

Calcium 170mg 15%

Iron 0.1mg 0%

Potassium 240mg 6%

Vitamin A 410mcg 45%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Milk and Skim Milk, Sugar, Natural Flavors, Carob Bean Gum, Lemon Juice, Modified Cornstarch, Carrageenan, Pectin, Vitamin A Palmitate and Vitamin D3.

Contains Milk.