

Whole Milk Yogurt-Blueberry

03/26/2019

Nutrition Facts

servings per container

Serving size 1 Carton (170g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 5g 6%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 85mg 4%

Total Carbohydrate 24g 9%

Dietary Fiber 0g 0%

Total Sugars 19g

Includes 12g Added Sugars 24%

Protein 5g

Vitamin D 0mcg 0%

Calcium 170mg 15%

Iron 0.1mg 0%

Potassium 240mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Milk and Skim Milk, Sugar, Blueberries, Natural Flavors, Fruit and Vegetable Juice (color), Carob Bean Gum, Lemon Juice, Modified Cornstarch, Carrageenan, Pectin.

Contains Milk.