

Fat Free Yogurt-PEACH

Nutrition Facts

servings per container

Serving size 1 Carton (170g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 100mg 4%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 0%

Total Sugars 9g

Includes 1g Added Sugars 2%

Protein 6g

Vitamin D 5.4mcg 25%

Calcium 210mg 15%

Iron 0.1mg 0%

Potassium 290mg 6%

Vitamin A 360mcg 40%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Skim Milk, Peaches, Sugar, Natural Flavors, Citric Acid, Annatto (Color), Modified Cornstarch, Carrageenan, Pectin, Aspartame, Vitamin A Palmitate, Vitamin D3.

Contains Milk.

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