

Nutrition Facts

4 servings per container

Serving size 1 Cup (240 ml)

Amount per serving

Calories 120

% Daily Value*

Total Fat 5g 6%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 120mg 5%

Total Carbohydrate 11g 4%

Dietary Fiber 0g 0%

Total Sugars 11g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 2.1mcg 10%

Calcium 300mg 25%

Iron 0mg 0%

Potassium 350mg 8%

Vitamin A 150mcg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3

Contains Milk.

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