

14 oz 1% Premium Chocolate Milk New NLEA  
OFFICIAL

## Nutrition Facts

servings per container  
**Serving size** 1 Bottle

Amount per serving  
**Calories** 300

% Daily Value\*

**Total Fat** 4.5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 390mg 17%

**Total Carbohydrate** 49g 18%

Dietary Fiber 1g 4%

Total Sugars 47g

Includes 25g Added Sugars 50%

**Protein** 17g

Vitamin D 3.6mcg 20%

Calcium 610mg 45%

Iron 1mg 6%

Potassium 900mg 20%

Vitamin A 270mcg 30%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Lowfat Milk, Sugar, Nonfat Dry Milk, Corn Starch, Alkalized Cocoa, Cocoa, Salt, Carrageenan, Vitamin A Palmitate and Vitamin D3.

Contains Milk.

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